



**How to use Candida Relief+:** Take for 5 days overlapping with the New Moon and then stop. Resume again in 5 days over the Full Moon. Begin on whichever moon is closest from the time you receive your tincture. Begin with 3 drops, work up to 5 drops and then to ½ dropper. For those not wanting to consume alcohol, place drops on a teaspoon or into 1/2 oz warm liquid (tea or water) for 5-10 min to evaporate the alcohol before consuming.

**Candida Relief+** can help the following: Treats: Acne, Acute cholecystitis (Gallbladder inflammation), Acute gastritis, Allergies, Alopecia, Anorexia, Anxiety, Asthma, Bi-Polar disorder, Chronic Fatigue Immune Deficiency Syndrome, Chronic viral infections, Cirrhosis of the Liver, Constipation, Depression, Dizziness, Dysentery, Eczema, Endometriosis, Endometritis, Epstein-Barr virus syndrome, Gallstones, Genital itch, eczema, inflammation and swelling, Gonorrhea, Hangover, Headache, Herpes, Hypertension, Hyperthyroidism, Indigestion, Infertility, Insomnia, Jaundice, Keratitis, Liver cancer, Male sexual dysfunction, Menopause syndrome, Migraines, Obesity, Palpitations, Pancreatitis, PMS, Prostatitis, Psoriasis, Rosacea, Sciatica, Shingles, Short menstruation, Sore throat, Stress, Tinnitus, Tonsillitis, Ulcers, UTI, Vaginitis, Vertigo, Warts. *Check website for full list of symptoms treated.*

**How to use Meridian Charger:** Take 5 drops - 1/2 dropper orally or place in 1/2-1oz of warm water 40 mins after meal, or in between meals, twice daily. For those not wanting to consume alcohol, place drops on a teaspoon or into 1/2 oz warm liquid (tea or water) for 5-10 min to evaporate the alcohol before consuming.

**Meridian Charger** can help the following: Abdominal pain, Aches, Alternating chills and fever, Alternating hot and cold, Amenorrhea (absence of period), Anorexia, Being downcast with no desire to eat, Bitter or sour taste in the mouth, Depression, Dizziness, Dry throat, Ear infection, Headaches (side of head), Heartburn, Hip pain, Hypochondriac pain with pressure, Irritability, Nausea, Nervousness, Red eyes, Reduced appetite, Restlessness, Rib pain, Sometimes fatigue, Stiff shoulders, Stomach ache, Stress, Tendency to diarrhea, Throat pain, Vertigo, Vomiting.

**How to use Job's Tear Extract:** Take 5 drops orally or place in 1/2-1oz of warm water 40 mins after meal, or in between meals, twice daily. For those not wanting to consume alcohol, place drops on a teaspoon or into 1/2 oz warm liquid (tea or water) for 5-10 min to evaporate the alcohol before consuming.

**Job's Tear Extract** can help the following: Eczema, Rosacea, Acne, Edema, Puffiness and Excess weight.

**How to use Clove Extract:** Start with 1-2 drops and work your way up to 5 drops a day. For topical use, put 1 drop in 1 tsp distilled water to apply directly to area with fungus. For those not wanting to consume alcohol, place drops on a teaspoon or into 1/2 oz warm liquid (tea or water) for 5-10 min to evaporate the alcohol before consuming.

**Clove Extract** can help the following: Toenail fungus, Toothache, Parasites, Blood sugar levels, Inflammation, Excess appetite/ cravings.

\*Stay tuned for more uses of my products @lilychoinaturalhealing\*