

Lilychoinaturalhealing.com

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How to use Headache Relief 5: *Yin deficiency.* Take 5 drops twice daily, work up to ½ dropper twice daily. If you're experiencing an episode, take three times a day.

Headache Relief 5 can help the following headache pattern: headache accompanied by below symptoms.

Accompanied symptoms: infertility, impotence, vertigo, tinnitus, aching low back and knees, easily agitated, lassitude, red faced, night sweats, hot flashes, restless sleep, dry stool, constipation, bitter taste in mouth, dry mouth, red tongue, no tongue coating; typically in association with aging.

How to use Headache Relief 6: *Kidney Yang deficiency.* Take 5 drops twice daily, work up to ½ dropper twice daily. If you're experiencing an episode, take three times a day.

Headache Relief 6 can help the following headache pattern: headaches with an emptiness sensation and is mostly at the crown of the head, aggravated by emotional distress and fatigue, and alleviated after sleeping. Feel much aversion to cold.

Accompanied symptoms: dizziness, loose stool, blurred vision, ear ringing, fatigue, lumbar soreness, knee weakness, emission in men, vaginal discharges in women, insomnia, forgetfulness, a red tongue, cold body, poor appetite, easily perspire.

How to use Headache Relief 7: *Blood deficiency.* Take 5 drops twice daily, work up to ½ dropper twice daily. If you're experiencing an episode, take three times a day.

Headache Relief 7 can help the following headache pattern: headaches and dizziness, dull or pricking pain that is mostly in the temples.

Accompanied symptoms: migraine, paleness, irritability, a feverish sensation, thirst, palpitations, fatigue, menstrual disorders, general weakness, insomnia, emotional and or mental disharmonies.

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